



ENERGY EVOLUTION
YOUR ENERGY REALLY MATTERS!



Are You Seeing

RED?

Have you ever found yourself frustrated by yourself and seeing red everywhere?
Or just plain glum and nothing could shake it?

It's hard to be nice to anyone else when you're getting on your own nerves. Or happy when you feel sad. And when your loved ones or co-workers start to cringe at the sight of you, you know you've gone off the rails.

Have you tried Xanax, but feel loopy and don't want to take medications?

Are you tired of talking about your emotional problems, and just want it to be normal again?



Thursday, August 8

6:30 pm

Please join us for an evening with **Dr. Cynthia Clark** and **Ray Foley** while they share

The Top 3 Things You Must Do to Have Emotional Stability

**Class: \$25 To Register Call: 941.923.9355 or
Email: Office@LongevityWC.com**